

<b>MODIFIED BARTHEL INDEX (MBI)</b>			
	<b>Score Description</b>	<b>Admission</b>	<b>Discharge</b>
<b>Personal hygiene</b>	<p><b>0</b> Dependent in all aspects of personal hygiene</p> <p><b>1</b> Assistance is required in all steps, but patient able to make some contribution</p> <p><b>3</b> Some assistance is required in one or more steps</p> <p><b>4</b> Able to conduct with minimal assistance before and/or after the task</p> <p><b>5</b> Independent in personal hygiene</p>	<b>0 1 3 4 5</b>	<b>0 1 3 4 5</b>
<b>Bathing self</b>	<p><b>0</b> Total dependence in bathing</p> <p><b>1</b> Assistance required in all aspects of bathing, able to make some contribution</p> <p><b>3</b> Assistance required with either transfer to shower/bath or with washing or drying</p> <p><b>4</b> Supervision for safety of set up, or in the transfer</p> <p><b>5</b> Independent bathing self</p>	<b>0 1 3 4 5</b>	<b>0 1 3 4 5</b>
<b>Dressing</b>	<p><b>0</b> Dependent in all aspects of dressing</p> <p><b>2</b> Assistance in all aspects of dressing, able to make some contribution</p> <p><b>5</b> Assistance is needed in putting on, and/or removing any clothing</p> <p><b>8</b> Only minimal assistance is required with fastening clothing</p> <p><b>10</b> Independent dressing</p>	<b>0 2 5 8 10</b>	<b>0 2 5 8 10</b>
<b>Toilet</b>	<p><b>0</b> Fully dependent in toileting</p> <p><b>2</b> Assistance required in all aspects of toileting</p> <p><b>5</b> Assistance with management of clothing, transferring, or washing hands</p> <p><b>8</b> Supervision with normal toilet. A commode may be used at night but assistance is required for emptying and cleaning</p> <p><b>10</b> The patient is able to get on/off the toilet, fasten clothing and use toilet paper without help. If necessary, the patient may use a bed pan or commode or urinal at night, but must be able to empty it and clean it</p>	<b>0 2 5 8 10</b>	<b>0 2 5 8 10</b>
<b>Bowels</b>	<p><b>0</b> Dependent in bowel management, is incontinent, or has stoma bag</p> <p><b>2</b> Incontinent but able to assist with the application of internal/external device</p> <p><b>5</b> Generally dry by day, but not at night &amp; needs some assistance with devices</p> <p><b>8</b> Generally dry by day and night, but may have an occasional accident or need minimal assistance with internal or external devices</p> <p><b>10</b> The patient is able to control bowels day and night, and/or is independent with internal or external devices</p>	<b>0 2 5 8 10</b>	<b>0 2 5 8 10</b>
<b>Bladder</b>	<p><b>0</b> Dependent in bladder management, is incontinent, or has indwelling catheter</p> <p><b>2</b> Incontinent but able to assist with the application of internal/external device</p> <p><b>5</b> Generally dry by day, but not at night &amp; needs some assistance with devices</p> <p><b>8</b> Generally dry by day and night, but may have an occasional accident or need minimal assistance with internal or external devices</p> <p><b>10</b> The patient is able to control bladder day and night, and/or is independent with internal or external devices</p>	<b>0 2 5 8 10</b>	<b>0 2 5 8 10</b>

<b>Feeding</b>	<p><b>0</b> Dependent in all aspects of feeding</p> <p><b>2</b> Can manipulate an eating device, usually a spoon, but someone must provide active assistance during the meal</p> <p><b>5</b> Feeds self with supervision. Assistance with set up activities</p> <p><b>8</b> Independence in feeding with meal prepared e.g. meat cut, jar lid opened etc</p> <p><b>10</b> Independent feeding self from a tray or table when the food is within reach. Must put on an assistive device if needed, cut food, use salt &amp; pepper, spread butter, etc.</p>	<b>0 2 5 8 10</b>	<b>0 2 5 8 10</b>
<b>Chair/Bed Transfer</b>	<p><b>0</b> Dependent with transfer, 2 attendants for transfer with/ without a mechanical device</p> <p><b>3</b> Able to participate but max assistance of one person required in all aspects of transfer</p> <p><b>8</b> Assistance of one other person, assistance required in any aspect of the transfer</p> <p><b>12</b> Needs supervision for safety</p> <p><b>15</b> Independent in transfer</p>	<b>0 3 8 12 15</b>	<b>0 3 8 12 15</b>
<b>Ambulation</b>	<p><b>0</b> Unable to ambulate</p> <p><b>3</b> Constant presence of one or more assistants are required during ambulation</p> <p><b>8</b> Assistance is required with reaching aids and/or their manipulation. One person is required to offer assistance</p> <p><b>12</b> Independent in ambulation but unable to walk 50 metres without help, or supervision is needed for confidence or safety in hazardous situations</p> <p><b>15</b> Independent ambulation +/- walking aid 50 metres without help or supervision</p>	<b>0 3 8 12 15</b>	<b>0 3 8 12 15</b>
<b>Ambulation/ Wheelchair</b>  Only use this item if patient is rated "0" for ambulation	<p><b>0</b> Dependent in wheelchair ambulation</p> <p><b>1</b> Can propel self-short distances on flat surface, assistance required for all other steps</p> <p><b>3</b> Assistance of one person is required to manipulate chair to table, bed, etc</p> <p><b>4</b> The patient can propel self for a reasonable duration over regularly encountered terrain. Minimal assistance may still be required in "tight corners" or to negotiate a kerb</p> <p><b>5</b> Independent in wheelchair including corners, propelling 50 metres &amp; negotiating a kerb</p>	<b>0 1 3 4 5</b>	<b>0 1 3 4 5</b>
<b>Stairs</b>	<p><b>0</b> The patient is unable to climb stairs.</p> <p><b>2</b> Assistance is required in all aspects of stair climbing</p> <p><b>5</b> Able to ascend/descend but unable to carry walking aids &amp; needs supervision/ assistance</p> <p><b>8</b> Generally no assistance is required. At times supervision is required</p> <p><b>10</b> Independent on stairs +/- aids and/or equipment</p>	<b>0 2 5 8 10</b>	<b>0 2 5 8 10</b>
<b>TOTAL</b>	<b>Total equals 100</b>	<b>/100</b>	<b>/100</b>
		<b>Date:</b>	<b>Date:</b>
<b>SCORE</b>	<b>PREDICTION</b>		
<b>&lt;40</b>	Unlikely to go home Dependent in mobility and self-care		
<b>40 - 60</b>	Patients move from dependency to assisted independence		
<b>60 - 80</b>	If living alone, will probably need a number of community services to cope		
<b>&gt;85</b>	Likely to be discharged to community living Independent in transfers Able to walk or use wheelchair independently		