CANADIAN OCCUPATIONAL PERFORMANCE MEASURE

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The Canadian Occupational Performance Measure (COPM) is an individualized measure designed for use by occupational therapists to detect self-perceived change in occupational performance problems over time.

Client Name:						
Age:	Gender:	ID#:				
Respondent (if not client):						
Date of Assessment:	Planned Date of Reassessment:	Date of Reassessment:				
Therapist:						
Facility/Agency:						
Program:						

STEP 1: IDENTIFICATION OF OCCUPATIONAL PERFORMANCE ISSUES

To identify occupational performance problems, concerns and issues, interview the client, asking about daily activities in self-care, productivity and leisure. Ask clients to identify daily activities which they want to do, need to do or are expected to do by encouraging them to think about a typical day. Then ask the client to identify which of these activities are difficult for them to do now to their satisfaction. Record these activity problems in Steps 1A, 1B, or 1C.

STEP 2: RATING IMPORTANCE

Using the scoring card provided, ask the client to rate, on a scale of 1 to 10, the importance of each activity. Place the ratings in the corresponding boxes in Steps 1A, 1B, or 1C.

IMPORTANCE

STEP 1C: Leisure				IMPORTANCE
Quiet Recreation (e.g., hobbies, crafts, reading)				
Active Recreation (e.g., sports, outings, travel)				
Socialization (e.g., visiting, phone calls, parties, correspondence)				
STEPS 3 & 4: SCORING - INITIAL	L ASSESSMENT	and REASSESS	SMENT	
Confirm with the client the 5 most importar rate each problem on performance and sa adding together the performance or satisf reassessment, the client scores each prochange score.	atisfaction, then calculation scores for all	ulate the total scores problems and dividin	s. Total scores ar	e calculated by r of problems. At
Initial Assessment:			Reassessm	nent:
OCCUPATIONAL PERFORMANCE PROBLEMS:	PERFORMANCE 1	SATISFACTION 1	PERFORMANCE 2 SATISFACTION 2	
1.				
2.				
3.				
4.				
5				
SCORING:	PERFORMANCE	SATISFACTION	PERFORMANCI	SATISFACTION

SCORE 1

SCORE 1

CHANGE IN PERFORMANCE = Performance Score 2

- Performance Score 1

- Satisfaction Score 1 =

SCORE 2

SCORE 2

CHANGE IN SATISFACTION = Satisfaction Score 2

of problems

Total performance or satisfaction

scores

Total

score

ADDITIONAL NOTES AND BACKGROUND INFORMATION

Initial Assessment: