

### Range of Motion Chart

Date	L / R	Comments	L / R	Comments	L / R	Comments
<b>Shoulder</b>						
Flex / Ext (180 / 50)						
Abb/ Add (180 / 40)						
IR / ER (70 / 90)						
<b>Elbow</b>						
Flex / Ext (145 / 0 )						
Pro / Sup (80 / 80)						
<b>Wrist</b>						
Flex / Ext finders bent						
Flex/ Ext finders straight						
UD / RD (30 / 20)						
<b>Thumb</b>						
Palmar Abduction						
Radial Abduction						
MP Flex / Ext						
IP Flex / Ext						
<b>Index Finger</b>						
MCP flex/ ext						
PIP flex/ ext						
DIP flex/ext						
<b>Middle Finger</b>						
MCP flex/ ext						
PIP flex/ ext						
DIP flex/ext						
<b>Ring Finger</b>						
MCP flex/ ext						
PIP flex/ ext						
DIP flex/ext						
<b>Little Finger</b>						
MCP flex/ ext						
PIP flex/ ext						
DIP flex/ext						
<b>Assessed by:</b>						